

Role Plays

Mentor: Tempted to give advice

Mentor: tempted to talk about oneself and own experiences instead of listen

1. Mentoree: You are trying to decide whether or not to drop out of high school. You were never really very good at it because of your disability and it is very frustrating for you.
2. Mentoree: about sex
3. Mentoree: All of your life, your mom has told you that you cannot do things for yourself and you will never be independent. Now you have trouble believing the things that your mentor is telling you about independent living.
4. Mentoree: You are unresponsive and won't talk or open up. You are having a problem at home dealing with you're your mom/dad and you don't know if you can really talk about it with your mentor. After all, he/she might go tell them everything you say.
5. Mentoree: You are having problems with some other students in your high school. Their attitude towards your disability makes you feel small and ashamed. Tell your mentor how you are feeling.
6. Mentoree: You use a wheelchair and your goal is to walk again. You have decided that your life's goal is to walk and until you can, everything else is on hold. You won't go to school, get a job, nothing. Life is meaningless without walking.
7. Mentoree: You have epilepsy and you are tired of taking medication. You hate having to swallow those pills whole and the taste of them is horrible. Your seizures can be life threatening though. You tell your mentor your plan.
8. You are trying to go to college and your parents don't have the money. You don't know where to go for help or if there are any resources out there.

9. You tell your mentor that you have been rejected for CDT. You don't know what you are going to do because you can't use mainline. You also can't drive. Is there anyway he/she can help work with you on this?

10. Your dad is alcoholic but you have never told anyone this. Things are really rough at home. You want to move out in the worst way but you don't think you can afford it. Imagine you are stuck in a house with an alcoholic father, two younger sisters who you feel a responsibility for, you are 18 and are desperate to move out but you only have \$550 a month. This is barely enough for rent let alone food and utilities. You stress to your mentor how urgent it is that you leave your house but you won't tell him/her why.

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