

Who Are You Anyway?

Needed:

Famous people masks
"Rules" cards

For the "rule cards"

List the two most impressive, wildest, unbelievable, most stupid, etc. things you have done or facts about you or that you are willing to share. Then, Make up something either equally as exciting or boring, whatever you decide.

So you need two truths and one lie about yourself.

With your mask on, read your truths and your lie (or tell the group what they are) out loud. AS the person to your right to identify what is the lie. If he/she cannot decipher among them, don't remove your mask and move on to the next person.

As people guess right, their masks are removed and their true identities revealed. But what about the others whose masks are still in place? Ask them to repeat their statements about themselves and as a group try to unmask them and separate their truth from their lie.

This is not only a way to get to know one another better but it will later aide in a discussion about building trust and getting better acquainted.